

Russian Ballet Academy Description of Levels

Level-5, 6: (*ages 13 & up*) Intended for students with strong foundation (at least 5 years of experience), ready physically and mentally for extensive training. 1hr 30min - class meets three times a week. Pointe class is not mandatory. Minimum two classes per week is a requirement.

Level-3, 4: (*ages 11 & up*) Intended for students with at least 3 years of experience, with basic knowledge of barre work, ballet terminology and steps. 1hr 30min - class meets two times a week and can go combine with either Level-4,5 or Level-1,2. Pointe, stretch, conditioning and Floor barre classes are advised.

Level-1,2: (*ages 8 & up*) Students introduced to the actual study of classical ballet technique. 1hr. class meets twice a week and can go combine with either Level-3 or Pre-ballet. Stretch and conditioning classes are advised for additional training

Pre-Ballet: (*age 4-7*) Intended for students to learn basic classroom behavior and manners, developing musical rhythm and body flexibility. Stretching exercises on the floor, skipping, hopping, and galloping (chasse) steps are combined with creative dance and folk dance to encourage the joy of movement. 45min- class meets once weekly and can go combine with Rhythmic Gymnastics class.

Pointe: (*ages 8 & up*) Teacher placement only. 30 min additional lesson to at least one regular technique class.

Pre-Pointe- students who are taking level-3 and up only.

Rhythmic gymnastics: (*age 4-9*) class for beginners only. This is a great additional training for girls that brings strength, focus and flexibility. Beginning exercises will be taught using apparatus like ribbon, hoop, ball and rope.

Stretch: (*ages:7 & up*) Highly recommended for all students. 45 min additional lesson to at least one regular technique class. For Level-4 is part of regular technique Class. For lower levels students is additional class

Floor Barre: (*ages 10 & up*) for more experienced dancers. Special (Russian method) exercise to strengthen muscles and improve turnout using a floor resistance.

Adult Ballet - Level-1,2 syllabuses will be taught in systematic training unifying rules of classical ballet and laws of nature. The students will be taught the precise and detailed technique of every step.

- All levels placement only with instructor recommendation.
- All students may choose number of classes weekly and attend only on chosen days of the week.
- Due to building closings, holidays or inclement weather make up classes will be provided when possible. Classes will be combined if necessary.
- All make up classes due to illness or family events must be made in existing schedule during one month of absence(free of charge).

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**Schedule is subject to change. Classes might be added, combined or canceled.

Tuition and fees

Tuition is based on a school year session, not by class. 8-weeks session payments remain the same regardless of the number of classes per month, building closures, holidays or attendance. Tuition is due by October 1, November 19, December 17, 2015
There will be no credits or refunds for missed lessons and we do not Prorate classes.

Sunday Class Schedule

- #1.Level-4,5 12:45-2:15 pm
- #2.Pointe 2:15-2:45 pm
- #3.Stretch 2:45-3:30 pm
- #4.Pre-Pointe 3:30-4:00 pm
- #5.Level-3 4:00-5:00 pm
- #6.Level-1,2 5:00-5:45 pm
- #7.Pre-Ballet 5:45-6:30 pm

Monday Class Schedule

- #8.Pre-Ballet 4:30-5:15
- #9.R Gymnastics 5:15-6:15
- #10.Level- 2,1 5:15-6:15
- #11.Stretch & Conditioning 6:15-6:45 pm
- #12.Floor Barre 6:45-7:15
- #13.Level-3,4 7:15-8:15 pm class on pointe
- #14.Adult 8:15-9:15 pm

Thursday Class Schedule

- #15.Pre-Ballet 4:45-5:30 pm
- #16.RGymnastics 5:45-6:45 pm
- #17.Level-1 5:15-6:00 pm
- #18.Level-2 6:00-7:00 pm
- #19.Stretch 7:00-7:30 pm
- #20.Level-3-5 7:30-8:45 pm
- #21.Pointe 8:45-9:15 pm

Two payments (8 classes) 1 class per week	Two payments (16 classes) 2 classes per week	Two payments (24 classes) 3 classes per week	Two payments (32 classes) 4 classes per week
30min- \$32x 2	30min- \$55x 2	30min- \$80 x 2	30min- \$105 x 2
45min- \$50x 2	45min- \$90x 2	45min- \$140 x 2	45min- \$185 x 2
60min- \$55x 2	60min- \$100x 2	60min- \$145 x 2	60min- \$190 x 2
75min- \$60x 2	75min- \$105x 2	75min- \$150 x 2	75min- \$195 x 2
90min- \$65x 2	90min- \$110x 2	90min- \$155 x 2	90min- \$200 x 2

All dancers must come in appropriate dress code
(black color tank style leotard, pink tights and soft ballet shoes);hair
must be neatly put in bun and off the face.
No exceptions to this dress code.

Please call Maralee Rosemond at 248-557-2600 ext. 224 for more information